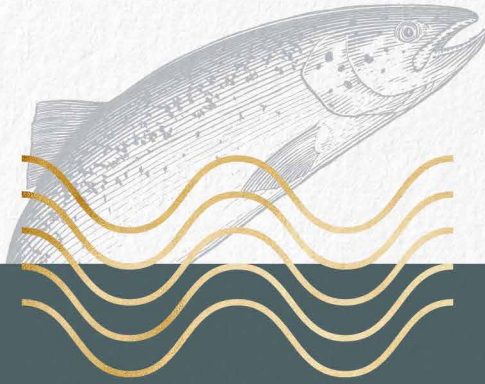


# Spa Lunch Menu

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THE SORTING  
ROOM

Two courses 25.00

## Day Spa Package Guests

*Please select two courses as part of your spa package.*

*Add a third course for an additional  
7.50 per person.*

# To Begin

*Optional extra course, supplements apply*

Abergavenny Artisan Bread

*Welsh salted butter, Halen Môn sea salt (V,G,D)*

5.25

Marinated Olives ▼

(V)

4.50

# Starters

Grilled Asparagus ▼

*Avocado, toasted sourdough, heritage tomato,  
chimichurri dressing*

(V,G,SD)

Curried Cauliflower  
and Lentil Salad

*Roasted squash, mango, spinach, tomato,  
almond, curry oil*

(V,N)

Monmouthshire Reared Pork  
Scotch Egg

*Sorting Room spiced chorizo ketchup*

(G,S,D,E,SD,C)

Welsh Coastal Fish Cake

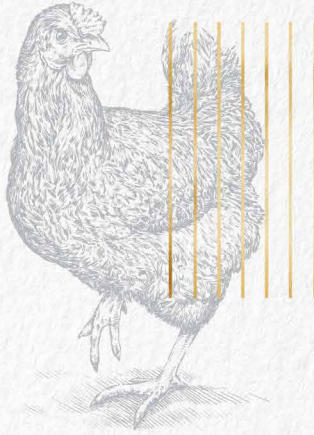
*Samphire, laverbread tartare sauce*

(F,G,S,E,SD,Mu)

Grilled Black  
Tiger Prawns

*Garlic, chilli butter (Cr,D)*

*Supplement of 7.50*



## Mains

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### Lemon and Dill Crusted Sea Bass

*Sautéed kale, cockles and mussels,  
lobster bisque sauce  
(F,Cr,M,G,D,SD,C)*

### Pan Roasted British Chicken Breast

*Tenby ale glaze, salt baked celeriac, celeriac  
remoulade, Welsh honey and wholegrain  
mustard jus (G,E,SD,Mu,C)*

### Broad Bean, Pea and Asparagus Risotto

*Vegan cheese and cheese crisps, pea shoots,  
roasted sunflower seeds, minted gremolata  
(V,SD)*

### Potato and Herb Gnocchi

*Spring greens, tenderstem broccoli, heritage  
tomatoes, pine nut and rocket pesto  
(V,G,N,D,SD)*

### Thirty-Five Day Dry Aged Welsh Reared Beef Rump 10oz/285g

*Sweet potato fries, broccoli, kale and leeks,  
peppercorn sauce  
(SD,D)*

*Supplement of 12.00*





## Desserts

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### Berries and Sorbet ▼

(V)

#### Iced Summer Fruit Parfait

*Strawberry gel, sweet balsamic glaze,  
texture of berries, shortbread*

(V,G,D,E,SD)

#### Sticky Toffee Pudding

*Fudge sauce, Welsh honey ice cream*

(V,G,D,E)

### Limoncello, Pineapple and Coconut Eton Mess

(V,N,D,E,SD)

*A discretionary 10% service charge will be added to your bill. Please advise us of any food allergies.*

*Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers.*

▼ Vegan, (V) Vegetarian, (G) Contains gluten, (D) Contains dairy/milk, (N) Contains nuts, (P) Contains peanuts, (E) Contains egg, (F) Contains fish, (Cr) Contains crustaceans, (M) Contains molluscs, (S) Contains soya, (C) Contains celery, (Mu) Contains mustard, (Se) Contains sesame seeds, (SD) Contains sulphur dioxide, (L) Contains lupin.