# ROOM SERVICE MENU





## Breakfast

Early Riser
12.50
Available 5.30am - 7.00am

Welsh Roasted Coffee, Welsh Blended Teas or Decaffeinated Coffee Served with milk (V,D) or soya milk (V,S)

Fresh Orange Juice (V)



Bakery Basket
Croissants (V,G,D,E), muffin (V,G,E,D,N,S),
Danish pastry (V,G,D,E,S,N) and white
or wholemeal toast (G,S)
Served with a selection of preserves,
butter (V,D), or sunflower spread (V)

Continental Breakfast 15.95 Available 7.00am – 10.30am

Choice of Cereals

Cornflakes (V,G,D,S), Rice Krispies (V),
Coco Pops (V,S), Bran Flakes (V,G) or
Muesli (V,N,S,G)

Served with milk (V,D) or soya milk (V,S)

Choice of Fruit Juices
Orange, pineapple, cranberry,
apple or tomato (V)

Llaeth y Llan Natural and Fruit Yoghurts (*v,D*) or Soya Yoghurt (*v,s*)



Choice of Fresh and Stewed Fruits Fresh fruit salad, sliced orange, grapefruit, sliced melon, stewed prunes or peaches (V)

Bakery Basket

Croissants (V,G,D,E), muffin (V,G,E,D,N,S),

Danish pastry (V,G,D,E,S,N) and white

or wholemeal toast (G,S)

Served with a selection of preserves,

butter (V,D), or sunflower spread (V)

#### À La Carte Breakfast Available 7.00am – 10.30am

#### Basket of Morning Pastries

Croissant, muffin and Danish pastry, served with butter or vegan margarine and preserves (V,G,D,E,S,N,Se)

8.50

#### Parkgate Hotel Porridge

Made from Welsh milled oats and cooked with Welsh spring water or skimmed milk (V,G,D,SD)

5.50

#### Smoked Salmon Omelette

Severn and Wye smoked salmon three egg omelette, with toast and butter (F,E,D,G)

12.50

#### Omelette

Classic free range three egg omelette (V,E) with your choice of Cheddar cheese (V,D), mushrooms (V) or ham, served with toast and butter (V,G,D)

9.50

#### Grilled Kippers

Saltwater herrings, lightly salted, dried and cold smoked (F,D), served with butter and lemon, toast and butter (V,G,D)

9.50

#### Eggs Benedict

Two poached eggs on a toasted muffin topped with cured ham and hollandaise sauce, served with toast and butter (F.G.D.SD)

9.50

#### Celtic Eggs Benedict

Our breakfast speciality – two poached eggs on a toasted muffin with Severn and Wye smoked salmon, topped with hollandaise sauce and served with toast and butter (E,F,G,D,SD)

12.50

#### The Parkgate Full Welsh

Two Shervington Farm poached, fried or scrambled hen's eggs (V,E), back bacon (SD), Douglas Willis gourmet pork sausage (SD), potato and leeks (V), baked beans (V), grilled mushrooms (V) grilled tomatoes (V), served with two slices of white or wholemeal toast (V,G) with butter (V,D) or spread (V) and preserve (V)

16.00

# Beverages

#### Welsh Roasted Coffee

Americano (V,D)

3.90

Latté (V,D)

4.10

Cappuccino (V,D)

4.10

Flat white (V,D)

4.10

Mocha (V,D)

4.10

Single espresso (V)

3.60

Double espresso (V)

3.60

#### Welsh Blended Tea

Traditional Breakfast, Earl Grey, Assam, Darjeeling, fruit and herbal infusions

3.90

Hot Chocolate

(V.D)

3.90

#### Fresh Fruit Juices

Orange, pineapple, grapefruit, cranberry, apple or tomato (V)

3.50



A room service tray charge of £5.00 per delivery applies to all orders.



# Light Bites

Confit Chicken Croquettes

Bacon jam (G,D,S,SD)

6.00

Welsh Rarebit

Chilli jam, slow roasted heritage tomato, rocket (V,G,D,E,Mu)

9.50

# Filled Artisan Sourdough Rolls

All served with winter slaw and house fries

Roasted Porchetta

Burnt apple sauce, shaved fennel

(G,D)

12.95

Grilled Halloumi, Avocado and Aubergine Chilli jam (V,G,D) 12.95 Roasted Sirloin Beef

Rocket, salsa verde, slow roasted heritage tomato, red onion marmalade (Mu,G)

15.50

Sustainable Cod Fish Fingers Tartar sauce, crispy lettuce (F,G,S,E)

12.95

# Restaurant In Your Room Dining

Available 11.30am – 10.00pm

# To Begin

Artisan Breads Flavoured Welsh butter (V,G,D)5.95

## Starters

### Truffled Leek and Potato Soup Crispy leeks and spiced potato croquette (V,G,D,E,Mu)

7.95

Monmouthshire Reared Pork and Sage Scotch Egg Black pudding crisps, winter apple slaw, burnt apple sauce (G,S,D,E,SD)

8.50

Smoked Haddock and Parsnip Fishcake Curried mayonnaise, wilted spinach (F, E, Mu)

9.00



Pressed Chicken and Herb Terrine Bacon jam, sourdough (G,D,SD)

9.50

Octopus, Chilli and Herb Terrine Shaved fennel, crispy belly pork, chorizo jam (M)

12.50

Grilled Tiger Prawns Ginger, coriander and lemongrass butter, crispy noodle salad (Cr,G,S,D)14.50

# Restaurant In Your Room Dining

Available 11.30am - 10.00pm

### Mains

## Salads

Moroccan Spiced Aubergine and Roasted Squash

Giant couscous and lentils, grilled Baby Gem lettuce, chimichurri dressing (V,G,SD,C)

8.50

With Grilled Halloumi (V,D) 3.00

With Grilled Chicken 5.00

Classic Chicken Caesar Salad

Dry cured bacon, garlic sourdough croutons, Parmesan, anchovy fillets, crispy Romaine lettuce (F,G,D,E,SD)

14.50

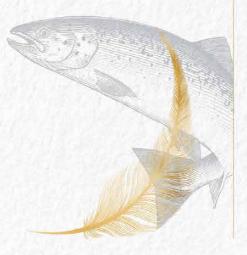
Potato and Herb Gnocchi Roasted figs, crispy Cavolo Nero, beetroot, Perl Las sauce, pine nuts (V.G.D.SD)

20.00

Welsh Rarebit Cauliflower Pie

Winter squash, caramelised red onion, buttery mashed potato, winter greens, vegetable gravy (V,D,G,SD,Mu,E)

22.00



### The Parkgate Steak Burger

Beef steak patty on a toasted brioche bun topped with bacon jam, Cheddar and burger relish, served with house fries, BBQ beef croquette and winter slaw (G,D,E,Mu,S,SD)

20.00

Braised Welsh Beef and Ale Pie

Buttery mashed potato, winter greens, red wine gravy (G,D,E,SD)

24.50

Sole Veronique

Sautéed potato, Veronique sauce, samphire, wilted spinach (F,SD,D,M,C)

22.00

Trio of Brecon Lamb

Two-bone rack, slow braised faggot and crispy lamb breast, fondant potato, charred leeks, mint and redcurrant jus

(G,D,C,S,SD)

35.00

# Restaurant In Your Room Dining

Available 11.30am - 10.00pm

## Sides

House Fries (v)
4.50

Sweet Potato Fries (v)
3.50

Tomato, Rocket & Red Onion Salad (*v*,*sp*) 4.50

House Green Salad (v,sp) 4.50 Garlic Mushrooms (v,p)
4.50

Buttered Kale, Savoy Cabbage and Leeks (v,p)
4.50

## Desserts

Warm Chocolate Brownie
Honeycomb, chocolate salami, Brecon
honey ice cream
(V,G,N,S,D)

8.50

Winter Fruit Crumble

Crème anglaise
(V,G,D,E)

8.50

Berries and Sorbet V

(V)

8.50

Welsh Cheese Board
Perl Las, Hafod, Mature Caerphilly
Cheddar, Perl Wen and Chef's choice
guest cheese, served with artisan crackers,
celery, grapes and apple chutney
(V,D,G,C)

14.50

Tarte au Citron

Textures of raspberry, lemon curd, raspberry crème Chantilly (V,D,G,E)

9.00

Sticky Toffee Pudding

Toffee sauce, fudge pieces, Brecon honey ice cream (V.G.D.E)

9.50

A room service tray charge of £5.00 per delivery applies to all orders.

## Children's Menu

For young diners aged 11 years and under

## Starters

Hand Cut Nachos Topped With tomato salsa, Cheddar cheese and smashed avocado (V)

4.50

Winter Squash Soup
With fresh bread
(V,G)
4.50

Welsh Cheese Croquettes
With chumey
(D,G,SD)
5.50

Bacon Macaroni Cheese
With chutney
(G,D,E)
6.00

## Mains

Breaded Cod Fish Finger
Winter green vegetables, mashed potato
(F,G,D)
12.50

Welsh Beef Rump 50z Peas, beans, bacon and house fries 13.50



Grilled Chicken Breast Winter green vegetables, house fries (D) 12.50

Pesto and Cheese Risotto

Cheese crisp
(V,D)
10.50

# Children's Menu

For young diners aged 11 years and under



## Desserts

Sticky Toffee Pudding Toffee sauce, vanilla ice cream (V,D,G) 4.50 Ice Cream
Two scoops of your choice: vanilla, strawberry or chocolate
(V,D)
4.50

Winter Crumble with Custard (V,D,G) 4.50

A room service tray charge of £5.00 per delivery applies to all orders.

# Night Owl Menu

Available 10.00pm - 6.00am

# Sandwiches

All served on white or brown bloomer bread, with Pipers Anglesey sea salt crisps

Cheddar Cheese with Plum Chutney (V,G,D,SD,S)

6.50

Tuna Mayonnaise with Red Onion (G,E,F,SD,S)

7.00



Honey Roasted Ham with Mustard (G,Mu,SD,S)

7.50

Sriracha Mayonnaise Chicken (G,E,S)

7.85

## Desserts

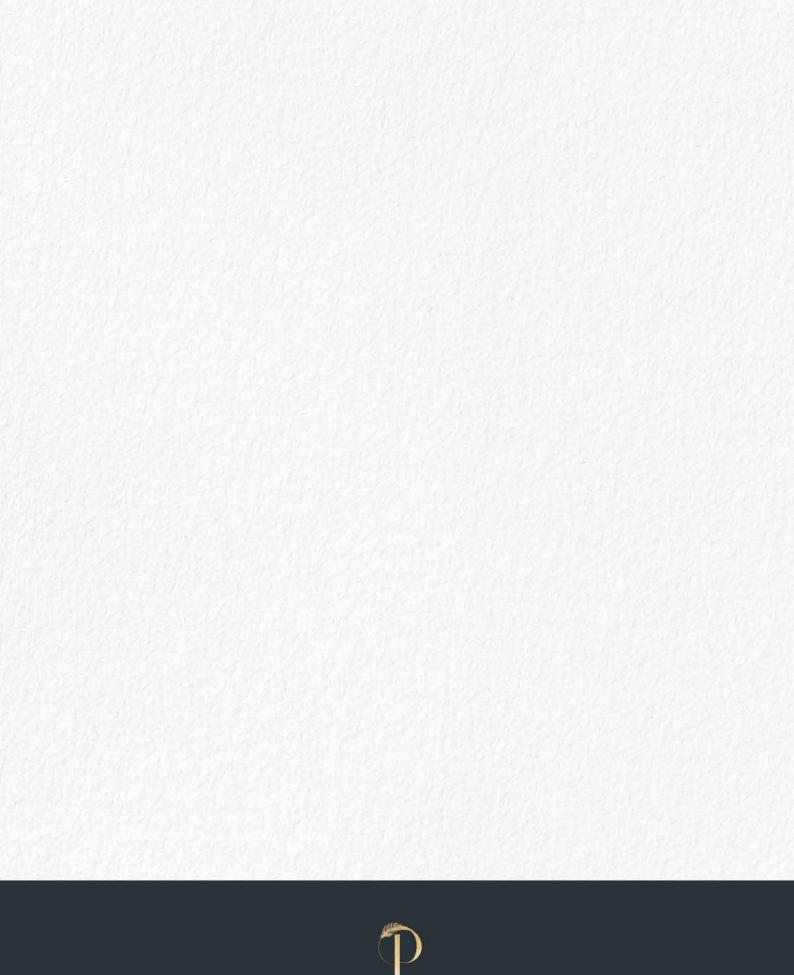
Fresh Fruit Salad (v)

5.50

White Chocolate and Baileys Cheesecake Berry compote (V.G.N,S.D,E)

6.50

| Please advise us of any food allergies. Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers.  (V) Vegetarian, (G) Contains gluten, (D) Contains dairy/milk, (N) Contains nuts, (P) Contains peanuts, (E) Contains egg, (F) Contains fish, |   |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|
| Cr) Contains crustaceans, (M) Contains molluscs, (S) Contains soya, (C) Contains celery, (Mu) Contains mustard, (Se) Contains sesame seeds<br>(SD) Contains sulphur dioxide, (L) Contains lupin.<br>An additional room service tray charge of £5.00 per delivery applies to all orders.                                                                           | 2 |
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THE PARKGATE