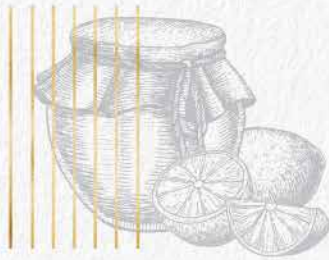


Breakfast Menu



THE SORTING
ROOM



Breakfast Buffet

Guests on a bed and breakfast inclusive stay may choose from all items below which are displayed on our breakfast buffet.

Cereals

*Corn Flakes (V,G), Rice Krispies (V,G),
Coco Pops (V,G,S), Bircher Muesli (V,G,D)
and Alpen (V,G,N,P,S)*

Dairy

*Semi-skimmed milk (V,D)
Llaeth y Llan natural and fruit yoghurts
(V,D)*

Non-Dairy

*Soya milk (V,S), oat milk (V,G), almond
milk (V,N), soya yoghurt (V,S)*

Bakery Selection

*Croissants (V,G,D,S,E), blueberry muffins
(V,G,D,E,S), chocolate muffins (V,G,D,E,S),
Danish pastries (V,G,N,P,D,E), pain au
chocolat (V,D,G,E,S), white bread (V,G,S),
wholemeal bread (V,G,S), artisan bread
loaves (V,G), Welsh cakes (V,G,D,E)
Served with jam, marmalade and honey (V)*

Selection of Fresh Fruit

*Melon (V), orange (V), grapefruit (V),
pineapple (V), fruit salad (V)*

The Artisan Deli Board

*Salami Milano, sliced ham, Wye Valley
smoked salmon (F)*

Cheese Selection

*Perl Wen (V,D), mature Cheddar (V,D),
sliced Emmental (V,D)*

Hot Buffet

*Locally made pork sausage, Welsh cured
back bacon (SD), sautéed mushrooms (V),
baked beans (V), baked tomatoes (V),
sautéed 'tatws pum munud' potatoes, eggs
– fried (V,E) or scrambled (V,E,D)*

Coffee

*Welsh roasted filter coffee, latte (V,D),
cappuccino (V,D), Americano*

Welsh Brew Tea

*Traditional Breakfast, Earl Grey, Assam,
Darjeeling, fruit herbal infusions,
decaffeinated*

Breakfast À La Carte

Go Continental

Includes your choice from our cold breakfast buffet selection

14.95

Basket of Morning Pastries

Croissant (V,G,D,S,E), blueberry muffin (V,G,D,E,S), chocolate muffin (V,G,D,E,S), Danishpastry (V,G,N,P,D,E) and pain au chocolat(V,D,G,E,S), served with butter (V,D) or low fat margarine (V) and preserves (V)

8.50

Toast

Two slices of white or wholemeal bread (V,G,S), served with butter (V,D) or low fat margarine (V) and preserves (V)

3.50

Celtic Scrambled Eggs

With Wye Valley smoked salmon (F,E,D)

12.50

Omelette

Classic three-egg free range omelette with your choice of Cheddar cheese, mushrooms or ham (D,E)

9.50

When In Wales

Includes your choice from our full hot and cold breakfast buffet selection

21.50

Grilled Kippers

Lightly salted saltwater herrings, dried and cold smoked, served with butter and lemon (F,D)

9.50

Parkgate Hotel Oat Porridge

With double cream and full fat or semi-skimmed milk (V,G,D)

5.50

Eggs Benedict

Two poached eggs on a toasted muffin topped with ham and hollandaise sauce (E,G,D,SD)

9.50

Celtic Eggs Benedict

Our breakfast speciality – two poached eggs on a toasted muffin with Wye Valley smoked salmon, topped with hollandaise sauce (E,F,G,D,SD)

12.50

Breakfast Beverages

Coffee

Welsh roasted coffee, Americano, cappuccino (D), single espresso, latté (D) or decaffeinated

3.90

Non-Dairy Milk

Soya milk (V,S), oat milk (V,G), almond milk (V,N)

Welsh Brew Hot Chocolate

Reduced sugar

3.90

Fruit Juices

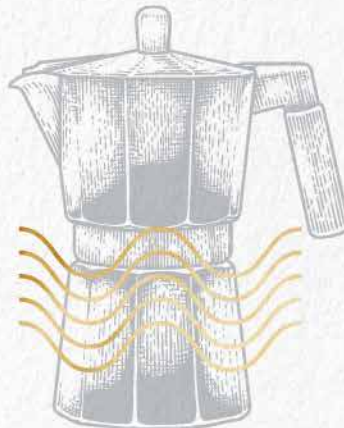
Orange (V), pineapple (V), grapefruit (V), cranberry (V), apple (V) or fresh fruit smoothie (V,SD,D)

3.50

Welsh Brew Tea

Traditional Breakfast, Earl Grey, Assam, Darjeeling, fruit and herbal infusions, decaffeinated

3.90



Breakfast Beverages

Prosecco Sartori Erfo

125ml 7.70 bottle 40.00

Prosecco Barocco Rosé

125ml 8.25 bottle 42.00

Monopole Heidsieck Champagne

125ml 12.35 bottle 75.00

Charles Lafitte Rosé Brut Champagne

125ml 16.50 bottle 85.00

Bloody Mary (C)

12.50

Kir Royale (SD)

13.00

Mimosa (SD)

10.00

A discretionary 10% service charge will be added to your bill. Please advise us of any food allergies.

Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers.

✓ Vegan, (V) Vegetarian, (G) Contains gluten, (D) Contains dairy/milk, (N) Contains nuts, (P) Contains peanuts, (E) Contains egg, (F) Contains fish, (Cr) Contains crustaceans, (M) Contains molluscs, (S) Contains soya, (C) Contains celery, (Mu) Contains mustard, (Se) Contains sesame seeds, (SD) Contains sulphur dioxide, (L) Contains lupin.