

# Breakfast Buffet

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#### Cereals

Corn Flakes (V,G), Rice Krispies (V,G), Coco Pops (V,G,S), Bircher Muesli (V,G,D) and Alpen (V,G,N,P,S)

# Dairy

Semi-skimmed milk (V,D) Llaeth y Llan natural and fruit yoghurts (V,D)

Non-Dairy Soya milk (V,S), oat milk (V,G), almond milk (V,N), soya yoghurt (V,S)

# **Bakery Selection**

Croissants (V,G,D,S,E), blueberry muffins (V,G,D,E,S), chocolate muffins (V,G,D,E,S), Danish pastries (V,G,N,P,D,E), pain au chocolat (V,D,G,E,S), white bread (V,G,S), wholemeal bread (V,G,S), artisan bread loaves (V,G), Welsh cakes (V,G,D,E) Served with jam, marmalade and honey (V) Selection of Fresh Fruit Melon (V), orange (V), grapefruit (V), pineapple (V), fruit salad (V)

The Artisan Deli Board Salami Milano, sliced ham, Wye Valley smoked salmon (F)

Cheese Selection Perl Wen (V,D), mature Cheddar (V,D), sliced Emmental (V,D)

### Hot Buffet

Locally made pork sausage, Welsh cured back bacon (SD), sautéed mushrooms (V), baked beans (V), baked tomatoes (V), sautéed 'tatws pum munud' potatoes, eggs – fried (V,E) or scrambled (V,E,D)

Coffee Welsh roasted filter coffee, latte (V,D), cappuccino (V,D), Americano

Welsh Brew Tea Traditional Breakfast, Earl Grey, Assam, Darjeeling, fruit herbal infusions, decaffeinated

# Breakfast À La Carte

Go Continental Includes your choice from our cold breakfast buffet selection

18.95

# When In Wales Includes your choice from our full hot and cold breakfast buffet selection

28.00

Basket of Morning Pastries Croissant (V,G,D,S,E), blueberry muffin (V,G,D,E,S), chocolate muffin (V,G,D,E,S), Danishpastry (V,G,N,P,D,E) and pain au chocolat(V,D,G,E,S), served with butter (V,D) or low fat margarine (V) and preserves (V)

### 9.95

#### Toast

Two slices of white or wholemeal bread (V,G,S), served with butter (V,D) or low fat margarine (V) and preserves (V)

# 3.95

Celtic Scrambled Eggs With Wye Valley smoked salmon (F,E,D)

#### 14.50

Omelette Classic three-egg free range omelette with your choice of Cheddar cheese, mushrooms or ham (D,E)

12.50

Grilled Kippers Lightly salted saltwater herrings, dried and cold smoked, served with butter and lemon (F,D)

#### 11.95

Parkgate Hotel Oat Porridge With double cream and full fat or semi-skimmed milk (V,G,D)

# 6.95

Eggs Benedict Two poached eggs on a toasted muffin topped with ham and hollandaise sauce (E,G,D,SD)

### 12.50

#### Celtic Eggs Benedict

Our breakfast speciality – two poached eggs on a toasted muffin with Wye Valley smoked salmon, topped with hollandaise sauce (E,F,G,D,SD)

# Breakfast Beverages

Coffee Welsh roasted coffee, Americano, cappuccino (D), single espresso, latté (D) or decaffeinated

4.45

Non-Dairy Milk Soya milk (V,S), oat milk (V,G), almond milk (V,N) Welsh Brew Hot Chocolate Reduced sugar

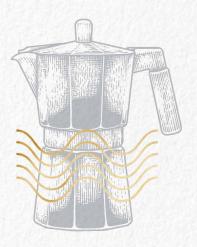
5.45

Fruit Juices Orange (V), pineapple (V), grapefruit (V), cranberry (V), apple (V) or fresh fruit smoothie (V,SD,D)

3.50

Welsh Brew Tea Traditional Breakfast, Earl Grey, Assam, Darjeeling, fruit and herbal infusions, decaffeinated

4.45



# Breakfast Beverages

Prosecco Spumante doc Borgo Alato 125ml 8.25 bottle 40.50

> Prosecco Barocco Rosé 125ml 8.25 bottle 41.00

Monopole Heidsieck Champagne 125ml 13.50 bottle 75.00

> Bloody Mary (C) 12.50

Kir Royale *(SD)* 13.00

Mimosa (SD) 10.00

A discretionary 10% service charge will be added to your bill. Please advise us of any food allergies.

Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers.

 V Vegan, (V) Vegetarian, (G) Contains gluten, (D) Contains dairy/milk, (N) Contains nuts, (P) Contains peanuts, (E) Contains egg, (F) Contains fish, (Cr) Contains crustaceans, (M) Contains molluscs, (S) Contains soya, (C) Contains celery, (Mu) Contains mustard, (Se) Contains sesame seeds, (SD) Contains sulphur dioxide, (L) Contains lupin.