

BLAS
in the
CITY



STARTERS

Chicken Liver Parfait

Candied walnut, apricot, brioche (SD,WN,W,E,D)

£12.95

Mussel Velouté

Sourdough, pickled lemon, lovage (M,D,W,E,SD)

£12.95

Crab & Pickled Daikon

Crispy chicken skin, buttermilk dressing

(CR,SD,D)

£12.95

Caramelised Onion

Wild garlic, horseradish and hazelnut

(V,H,D)

£10.95

MAINS

Hen of the Woods Mushroom

Pearl barley, pickled enoki, Grana Padano

(V,W,D,SD)

£24.00

Grilled Sea Bass

Smoked beurre blanc, BBQ hispi cabbage,

trout roe (F,D,SD)

£28.95

Pan Roasted Halibut

Monk's beard, confit onion, chicken sauce

(F,SD,D)

£28.95

Slow Cooked Pork Collar

Turnip, pea and mustard (SD,MU,D)

£24.95

Dry Aged Rib Eye 280g

Beef sauce, Blas mash potato and horseradish

(SD,D)

£44.95

DESSERTS

Perl Wen Cheesecake

Fresh raspberry, raspberry and
verbena sorbet (V,S,E,D)

£12.95

Caws Cenarth

Spiced cake and carrot syrup

(V,W,SD,E,D)

£14.95

White Chocolate Ganache

Meringue, fresh lemon (V,S,E,D)

£12.95

64% Chocolate

Miso caramel, lime, yoghurt (V,S,SD,D)

£12.95

Please advise us of any food allergies. Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers.

Gluten Allergy: (B) Barley, (O) Oats, (R) Rye, (SP) Spelt, (W) Wheat

Nut (Tree Nut) Allergy: (A) Almonds, (BN) Brazil nuts, (CN) Cashew nuts, (H) Hazelnuts, (PS) Pistachios, (PN) Pecan nuts, (WN) Walnuts

Other Allergy: (C) Celery, (CR) Crustaceans, (D) Dairy/milk, (E) Eggs, (F) Fish, (L) Lupin, (M) Molluscs, (MU) Mustard, (P) Peanuts, (SE) Sesame seeds, (S) Soya, (SD) Sulphur dioxide

Lifestyle: 🌱 Plant-based, (V) Vegetarian



Fine Dining from St Davids to Cardiff