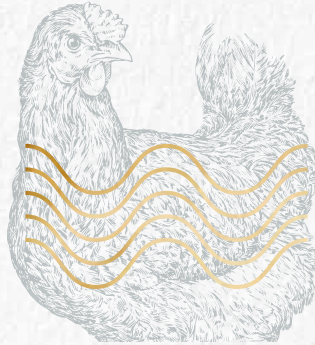


Breakfast Menu



THE SORTING
ROOM



Our Story

In the grand rooms of the old Post Office, once filled with hand-written letters and brown-paper packages, now there are glittering chandeliers and plush leather sofas.

Inspired by the traditional methods used in these very rooms to sort the mail by hand, The Sorting Room logo represents the shapes and patterns of rows of letters, postage stamps and paper envelopes, all neatly stacked into pigeon holes ready to be delivered.



THE SORTING
ROOM

Breakfast Buffet

Guests on a bed and breakfast inclusive stay may choose from all items below which are displayed on our breakfast buffet.

Table service is available on request.

Cereals

*Corn Flakes (V,W), Coco Pops (V,W),
Weetabix (V,W,B), Bran Flakes (V,W,B),
Frosties (V,W), Alpen, (V,A,H,W)*

Dairy

*Semi-skimmed milk (V,D)
Llaeth y Llan natural and fruit yoghurts
(V,D)*

Dietary Items - Available on request

Gluten free white and brown toast (V,E)

Soy fruit yoghurt (V,S)

*Soy milk (V,S), gluten free oat milk (V),
almond milk (V,A)*

Plant-based croissants (W,S)

Gluten free croissants (V,E)

Gluten free Corn Flakes (V)

Bakery Selection

*Choice of wholemeal bread (V,W),
or white bread (V,W)*

*Croissants (V,W,D,E,S), pain au chocolat
(V,W,D,S,E) and Danish pastries
(V,W,D,E,A,H)*

*Welsh cakes (V,W,D,E), chocolate chip
muffins (V,W,S,D,E)*

*Selection of jams (V), marmalades (V),
Welsh butter (V,D) and sunflower
spread (V,S)*

Selection of Fresh Fruit

*Sliced watermelon (V), sliced melon (V),
sliced grapefruit (V), sliced oranges (V),
fresh fruit salad (V)*

The Artisan Deli Board

*Sliced ham, sliced salami, Severn &
Wye smoked salmon (F)*

Hot Buffet

*Shervington Farm free range Welsh
scrambled eggs (V,E,D)*

*Shervington Farm free range Welsh
fried eggs (V,E)*

*Locally made pork sausage (SD), thick cut
dry cured bacon, button mushrooms (V),
'tats pum munud' potatoes (V), baked
tomatoes (V), baked beans (V)*

On Request

Vegetable sausages (V)

*Shervington Farm free range poached
Welsh eggs (V,E)*

Hot Beverages

*Welsh roasted coffee, Welsh Brew tea, tea
infusions or decaffeinated coffee*

Fruit Juices

*Choice of orange, grapefruit, pineapple,
cranberry or apple (V)*

Breakfast Buffet

Go Continental

*Includes your choice from our cold
breakfast buffet selection*

18.95

When In Wales

*Includes your choice from our full hot
and cold breakfast buffet selection*

28.00

Breakfast À La Carte

Basket of Morning Pastries

*Croissants (V,W,D,E,S), pain au chocolat
(V,W,D,S,E), Danish pastries (V,W,D,E,A,H),
Welsh cakes (V,W,D,E), chocolate chip
muffins (V,W,S,D,E)*

*Selection of jams (V), marmalades (V), Welsh
butter (V,D) or sunflower spread (V,S)*

12.95

Toast

*Two slices of wholemeal (V,W,B,S) or
white toast (V,W,S)*

*Selection of jams (V), marmalades (V), Welsh
butter (V,D) or sunflower spread (V,S)*

4.95

Parkgate Hotel Porridge

*With double cream and full fat or
semi-skimmed milk (V,W,D)*

6.95

Grilled Kippers

*Saltwater herrings, lightly salted, dried
and cold smoked, served with butter
and lemon (F,D)*

12.95

Celtic Scrambled Eggs

With Wye Valley smoked salmon (F,E,D)

14.50

Celtic Eggs Benedict

*Our breakfast speciality – two poached
Welsh eggs on a toasted muffin with Welsh
honey roasted ham and hollandaise sauce
(W,D,SD)*

14.95

Eggs Royale

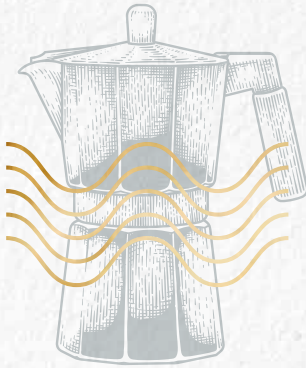
*Two poached Welsh eggs on a toasted muffin
topped with Wye Valley smoked salmon and
hollandaise sauce (E,F,W,D,SD)*

14.95

Welsh Egg Omelette

*Classic three egg omelette with your choice
of Cheddar cheese, mushrooms
or ham (D,E)*

14.95



Breakfast Beverages

Welsh Roasted Coffee

Americano (V,D)

4.50

Latté (D)

5.50

Cappuccino (V,D)

5.50

Flat white (V,D)

5.50

Mocha (V,D)

5.50

Single espresso (V)

4.50

Double espresso (V)

5.50

Add Syrup 1.50

Welsh Brew Tea

*Traditional Breakfast, Earl Grey,
Peppermint, Decaffeinated, Cranberry &
Raspberry, Green Tea, Lemon & Ginger,
Mixed Berry, Chamomile*

4.50

Hot Chocolate

(V,B,D,S)

5.50

Fresh Fruit Juices

Orange, pineapple, cranberry or apple (V)

3.50

Breakfast Beverages

Prosecco Spumante doc Borgo Alato

125ml 10.00 bottle 47.00

Prosecco Barocco Rosé

bottle 48.00

Laurent-Perrier La Cuvée

125ml 16.00 bottle 90.00

Bloody Mary (C)

16.00

Kir Royale (SD)

16.00

Mimosa (SD)

15.00

A discretionary 10% service charge will be added to your bill.

Please advise us of any food allergies. Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers.

Gluten Allergy: (B) Barley, (O) Oats, (R) Rye, (SP) Spelt, (W) Wheat

Nut (Tree Nut) Allergy: (A) Almonds, (BN) Brazil nuts, (CN) Cashew nuts, (H) Hazelnuts, (PS) Pistachios, (PN) Pecan nuts, (WN) Walnuts

Other Allergy: (C) Celery, (CR) Crustaceans, (D) Dairy/milk, (E) Eggs, (F) Fish, (L) Lupin, (M) Molluscs, (MU) Mustard, (P) Peanuts, (SE) Sesame seeds, (S) Soya, (SD) Sulphur dioxide

Lifestyle: 🌱 Plant-based, (V) Vegetarian



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